



Anne Gordon Center for Active Adults at Millbrook Exchange **Art Programs**

Basic Knitting

Learn basic skills in this class that will get you on your way to knitting on your own. You will complete a garter stitch scarf while in this class. *Supplies needed: 1 skein super bulky yarn 100 yards long and 1 pair of size 13 knitting needles.* Instructor: Judy Bregler.

#132180	Tuesdays, October 23-November 27	10:00 AM-12:00 PM	Class Fee: \$15
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Blanket Making

Looking for an easy craft activity where you can meet new people or hang out with old friends? This blanket class is easy and for all levels and abilities. Come and find out how to make blankets for yourself, as gifts, or to be used as a charity item. All materials provided by the instructor: Mar Ruth Chaunaux.

#132159	Monday, September 17	10:00 AM-12:00 PM	Class Fee: \$7
#132160	Monday, October 15	10:00 AM-12:00 PM	Class Fee: \$7
#132161	Monday, November 19	10:00 AM-12:00 PM	Class Fee: \$7
#132162	Monday, December 17	10:00 AM-12:00 PM	Class Fee: \$7

Japanese Origami and Calligraphy

Japanese origami is the art of folding paper into specific forms and objects. Japanese calligraphy is the art of writing characters. We will be using 'Shodo', one of Japan's traditional cultural arts. This art is also one of the best ways to develop mental concentration and focus. Participants will make their own cards like thank you notes, get well notes, etc. All materials are provided.

#131036	Monday, September 17	11:00 AM-12:00 PM	Class Fee: Demonstration Class
#131037	Mondays, October 1-8	11:00 AM-12:00 PM	Class Fee: \$10
#131038	Mondays, October 29-November 5	11:00 AM-12:00 PM	Class Fee: \$10

Holiday Card Making

Make some fun winter cards from recycled materials. Bring in old magazines, wrapping paper and ribbons to use. We will use some materials from nature to create cards as well. Pre-registration is required by November 28.

#128715	Thursday, December 6	10:30 AM-11:30 AM	Class Fee: \$5
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Winter Wreaths

Make a wreath from natural materials to hang on your door to warm it up for the winter! We'll have plenty of pine cones, gumballs, and greenery to go around. Bring some ribbon or other crafty materials if you like. Pre-registration is required by November 21.

#128643	Thursday, November 29	10:30-11:30 PM	Class Fee: \$5
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ThirdEd - Crocheting for the Holidays

Whether your plans include decorating or holiday gift giving, this course is meant to allow you to express your talent and heart, just in time for the holidays. Holiday patterns will be provided, or you can bring your own. Instructor: Joan Young.

